

SCRIPTURE FOCUS

John 6:1-14

CORE REFERENCES

Y4K & **Y** – Review sessions 1-7

FOR PARENTS & ADULTS

[CCC Paragraphs](#) – Review sessions 1-7



STEP 1: PREPARATION - ATTENDING TO THE SOIL

1. Welcome!

2. Wonder

Curiosity Sparker: A table set with objects from previous sessions: gift box, jar, lantern, blindfold, blocks/shield, braided cord, colored paper arranged in a basket.

Display the question:

Do you remember?

3. Proclaim

Read: John 6:12-14 – “When they were satisfied, he told his disciples, ‘Gather up the fragments left over, so that nothing may be lost.’ So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, ‘This is indeed the prophet who is to come into the world.’” (Read from a Bible or use [Proclaim Slide](#)).

[Pray & Praise](#)

Pray together: “Our Father...”

Sing together: “Now Thank We All Our God” CBW III #535



STEP 2: PROCLAMATION - PLANTING THE SEED

1. Recap

Ask: “As you look over our time together this year, what Mission Actions has your family continued doing?”

2. Scripture Proclamation

Provide each family with a Bible or a copy of the “Lectio Divina with Families” page. (see *Family Handout* page below).

Read: John 6:1-14 in the form of Lectio Divina, following the “Lectio Divina with Families” page. (see *Family Handout* page below). Read the scripture passage from a Bible or use the [Remembering and Celebrating the Journey Scripture Proclamation Slides](#).

3. Joyful Proclamation & Witness

Large group sharing: invite the children to share their experience in prayer, their encounter with the Word of God.



STEP 3: EXPLANATION - HELPING THE PLANT GROW

1. Guided Explanation

Return to the Curiosity Sparker:

See *Curiosity Sparker Reveal* p.3

2. Family Reflection

Ask: “Looking back over the past seven sessions, what surprised you most about God or your faith? What truth about God has challenged or encouraged your family the most during this journey?”

Invite families to share.

3. Saint Highlight: All Saints from Sessions 1-7

“Over the past seven sessions, we have met holy men and women who remind us that every person is invited to follow God in ordinary life. Like us, they each learned to trust God one step at a time.”

“**St. Francis of Assisi** teaches us to see all creation as God’s gift and to praise him with grateful hearts.”

“**St. Augustine** reminds us that our hearts are restless until they rest in God.”

“**St. Jerome** encourages us to know Jesus by reading Sacred Scripture.”

“**St. Peter** shows us that faith means trusting Jesus, even when we cannot see the whole path ahead.”

“**St. Paul** encourages us to stand firm in what we believe and courageously live our faith.”

“**St. Patrick** reminds us to know God more deeply and joyfully share His love with others.”

“**St. Kateri Tekakwitha** teaches us to recognize God’s loving care in creation and trust him each day.”

“The saints’ lives remind us that holiness is not about being perfect—it is about saying ‘yes’ to God’s invitation each day.”

Praise

Sing together.



STEP 4: APPLICATION - GROWING ROOTS

1 & 2. Family Discussion & Mission Action

Ask: “Every journey has a next step. What is one way your family would like to continue growing closer to God together?”

Invite families to share.

3. Creative Response

See “Faith Journey Challenge” on *Creative Response* p.6



STEP 5: CELEBRATION - BLOSSOMS AND FRUITFULNESS

1. Mission Sending

“Remember: “As you continue your faith journey, embrace the Father’s invitation into a loving relationship, encounter Jesus who transforms your life, and follow the guidance of the Holy Spirit each day. Stand firm in faith, trusting that the Father who created you with love continues to sustain, guide, and care for you every moment of your life.”

Provide families with a copy of the [Remembering & Celebrating the Journey Review](#) page.

2. Gratitude & Sharing

Invite each family to briefly share one moment from the first seven sessions that has stayed with them the most. One way they have seen God at work in their family during this journey. Invite spontaneous prayers of praise.

Say simple kerygma together:
“Jesus Christ loves you...”

3. Closing: Pray & Praise

Pray: Together pray “Our Father...” and “Glory be to the Father...”

Say: “Let us go and see Jesus in everyone we meet this week.”

All respond: “Thanks be to God!”

Praise: Sing together.





RETURN TO THE CURIOSITY SPARKER: BRING ATTENTION BACK TO THE DISPLAY

Remember Reveal

“A father decides to take his children on a hike to his favorite fishing spot. He gathers the fishing gear, with his children, packs a lunch, and heads off in the car to the trailhead. The children are excited as they begin their hike, but they have no idea where the trail leads. Their father has walked this path many times before. He knows every turn, every hill, and every stream they will cross.”

“As they begin their journey, the youngest child is filled with wonder. She stops often to admire the wildflowers, listen to the birds singing, and watch butterflies dancing through the trees. Instead of rushing her along, the father smiles and points out even more beautiful things they would have missed if they hadn’t slowed down.”

“One of the children becomes distracted and starts wandering off the trail to explore. The father gently but firmly calls him back, knowing that the safest path is the one they are walking together.”

“Another child asks question after question about where they are going and how much farther it is. The father patiently answers each one, knowing that every question is helping his child learn to trust him.”

“One child complains because he wishes he had brought his phone. The father chuckles and begins telling stories along the way. Before long, the child forgets about the phone and becomes caught up in the adventure.”

“Sometimes the trail becomes steep and rocky. When one of the children stumbles, the father catches and helps him back to his feet and encourages him to keep going. When everyone grows tired, he suggests they stop, have a snack and rest for a while before continuing the journey together.”

“At one point, a wild animal wanders onto the trail. The children become frightened, but the father calmly steps in front of them, holding his walking stick. He stands between the danger and his children until the animal quickly disappears back into the woods.”

“Finally, they arrive at the fishing spot. The children are filled with excitement. As they begin unpacking their

fishing gear, the oldest child looks back down the trail and says to his brothers and sisters, ‘Look how far we came. It didn’t even feel that long.’”

“The children laugh and begin fishing together, never stopping to think about everything their father had done along the way to lead them safely to their destination.”

Pause. Let it sit for a few seconds, then continue.

“In many ways, our journey of faith is like that hike to the father’s fishing spot. Sometimes we become distracted. Sometimes we have questions. Sometimes we grow tired or afraid. Sometimes we don’t even notice how God is caring for us. Yet, like the loving father in our story, God has been patiently leading us every step of the way.”

“It began with *The Good Gift*, where we learned that God created everything good and created each one of us in his image. Then we discovered that our hearts *long for something more* because God created us for himself. We learned that God doesn’t stay hidden—*he reveals himself*, especially through Jesus. Once we know him, he invites us to *respond in faith*. That faith gives us *something solid to stand on* through the teachings of the Church. As we continued, we discovered that God is not distant but *Father, Son, and Holy Spirit*—a relationship of perfect love. Finally, we learned that the Father who created us continues to *create and care for us every day* through his loving providence.”

“Looking back now, can you see that none of these sessions stand alone?”

“Remember all of the objects we looked at today?”

“At first they looked like separate items from different sessions. But when we look at them together, every Scripture, every prayer, every activity, every conversation has been another step on the journey. They are all part of one story. God’s story. Our story. The story of a Father who all along has been lovingly leading us step-by-step closer to him and to happiness—and that story is good news!



FAMILY ACTIVITY SUGGESTIONS

Faith Journey Challenge

What You'll Need:

- Seven challenge stations set up around the room.
- Supplies prepared at each station (See *Family Activity* link below).
- One person to be the leader.
- One timer and whistle, bell, or loud voice to signal **Start**, **Stop**, and **Change Stations**.
- One catechist or volunteer assigned to each station.
- Small prizes or treats for every family (optional).

Introduction:

Say: “Today we are celebrating our Faith Journey! Each station represents one of the sessions we have completed together. Work as a family, encourage one another, laugh together, and do your best. The goal isn’t simply to win—it’s to celebrate how far God has brought us on our journey.”

Instructions:

Invite each family to choose a starting station. Try to spread families evenly among the seven stations so that no station becomes overcrowded.

Explain that families will rotate through every station, completing one challenge at each stop.

When everyone is ready: The leader blows the whistle or calls “Go!” to begin.

Families have one minute to complete the challenge.

At the one-minute mark, the leader blows the whistle or calls “Stop!”

The volunteer at each station quickly determines the winning family for that challenge.

Allow about 30 to 60 second for volunteers to announce the winner and reset the station.

When every station is ready, the leader rings the bell or calls “Change Stations!”

Rotating Stations:

To help families compete with different teams throughout the activity:

Families starting on the left side of the room rotate one station to the left.

Families starting on the right side of the room rotate one station to the right.

This allows families to meet and compete with different families throughout the challenge while avoiding congestion. Continue until every family has completed all seven stations.

Celebration Wrap-Up

Say: “Today we celebrated how far God has led us on our faith journey. As we continue walking with Him, may we always remember that He is with us every step of the way.”

Supplemental Resources:

Family Activities: [Remembering & Celebrating Creative Response Family Activity](#)
[Remembering & Celebrating the Journey Review](#)

Lectio Divina with Families

Remember, Lectio Divina is a way of praying with Scripture. We read the Word of God slowly and prayerfully so we can listen for God's voice. As we pray with the passage several times, we will read or listen, reflect, respond, and then rest quietly in God's loving presence.

As you pray with John 6:1-14, imagine yourself in the story. What do you see, hear, and feel? What do you smell, or even taste? What do thoughts do you have? What images or ideas catch your attention? Listen to what the Holy Spirit is saying to you in the encounter with Jesus in the story.

We begin by inviting the God the Holy Spirit to bring light to our hearts and minds as we truly listen to Jesus' words in the Gospel of John: In the name of the Father, and of the Son, and of the Holy Spirit. Come, Holy Spirit, fill my heart and still my mind. Open my eyes to see your truth, open my ears to hear your voice, and open my heart to receive your word as we listen to your word. Speak, Lord, for your servant is listening. Amen.

Jesus Feeds the Five Thousand

Read (Lectio)

¹After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. ²A large crowd kept following him, because they saw the signs that he was doing for the sick. ³Jesus went up the mountain and sat down there with his disciples. ⁴Now the Passover, the festival of the Jews, was near. ⁵When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" ⁶He said this to test him, for he himself knew what he was going to do. ⁷Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." ⁸One of his disciples, Andrew, Simon Peter's brother, said to him, ⁹"There is a boy here who has five barley loaves and two fish. But what are they among so many people?" ¹⁰Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. ¹¹Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. ¹²When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." ¹³So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. ¹⁴When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

(John 6:1-14, NRSVCE)

Reflect (Meditatio)

Read or listen to the scripture again and think about a word, a phrase, an image, or an idea that stood out to you. Ask yourself: "What is God saying to me through this insight today?"

Respond (Oratio)

Read or listen to the scripture a third time and respond to God him in prayer, your heart to his heart.

Rest (Contemplatio)

Now, simply be with God. Rest in his presence and receive from his heart, knowing that he is with us, loves us, and holds us safely in his hands.

Action (Actio)

A final step in Lectio Divina is to respond to God by living out what I have heard. How will I act on the word I have received in prayer and let the "Word become flesh" in my life for love of God and my neighbour?