

## Schedule

### Option 1

Individual couples are asked to find times to meet between 9am and 8pm at the  
PEI Right to Life Office

209A Queen Street  
Charlottetown, PEI

Mondays through Fridays. Generally the course should take 4-6 weeks to complete. Each session is about 2 hours.

### Option 2

Group sessions can be arranged for evenings and weekends in advance.

## Payment

\$230 per couple\* - this includes materials

Payment is to be made at the first session or in advance if a group session is booked:

Cheque, cash or e-transfer to the email account:

patricia.wiedemer@outlook.com

password: marriageprep

*\*subject to change.*



This course has the approval of the diocese  
and is provided by:

### The-Heart-Of-The-Matter

Catholic Consulting  
16 Shelby Court  
Charlottetown PEI  
C1E 1R5

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Phone 902-393-6047

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# The-Heart-Of-The-Matter

A Marriage  
Preparation Program  
for modern couples  
getting married in the  
Catholic Church





**This marriage course prepares the couple for marriage in the Catholic Church:**

Gaining Understanding of the Theology of Marriage

Difference between Natural-Civil-Sacramental Marriage

Human aspects of relationships  
(Physical-emotional-psychological-spiritual-intellectual)

The meaning of the human person being body and soul and made in the image of God.

What is Eucharistic Love?

Why is God Part of the Marriage Relationship?

Does it really make a difference for me, my spouse and or our marriage if I/we believe or not?

Why is the Church involved and how to understand the sacramental life of the Church?

**The main focus of this course is to understand that a holy and successful marriage is dependent on the right understanding of your relationship with God, His Church and each other.**

*"For you this is impossible, but with God all things are possible"*  
Matthew 19:26

## Theology of the Body

What does the human experience teach us about relationships/marriage today?

How and why your relationship with Christ and the Church will affect your relationship.

What difference does it make whether we are Catholic or not?

The meaning and truth of family and its role in a healthy society.

The meaning and truth about living out the Universal Call to Holiness as baptized Catholics.

Within the course emphasis is laid on the importance of prayer, the sacrament of reconciliation and the importance of an active attendance of the Mass.

Questions concerning couples communication and relationship are expected to be completed by the couples at home.

The topic of finances is briefly reviewed as is the liturgy.

## Set Up

*Course consists of four sessions. There are two options:*

**1.** Individual meetings at PEI Right to Life Office in Charlottetown

**2.** Group courses are available when enough couples are requesting preparation. Can be 4 separate sessions or a day and a half course.

